

**Cover Page**  
**Self-study Reflective Report**

**Member Name:** \_\_\_\_\_

**Date of Submission:** \_\_\_\_\_

**Title of Material Studied (Book/Journal):** \_\_\_\_\_

**Declaration on AI Use**

Please select **one** of the following statements:

No content generated by AI tools has been used/presented as my work.

I acknowledge the use of \_\_\_\_\_ [*insert AI system(s)/ChatGPT/POE*] to support my learning and writing process, but all reflections and final content presented here are my own. I have reviewed and take full responsibility for the accuracy and integrity of this report.

*A 300-word written reflective report for journal articles or 1-hour video: 1 CEU  
A 600-word reflective report on a book: 2 CEUs  
(max 5 CEUs per year)*